

Accuracy of Cast Articulation: A Literature Review

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Abstract

Successful diagnosis and satisfactory treatment require an accurate cast articulation that duplicates patient's maxillomandibular relationship. Whereas few studies denote that occlusal precision might not be critical for treatment success, many researchers believe that accurate cast articulation is a necessity and the final dental prosthesis would not be acceptable if inaccuracy is introduced in any stage of dental cast mounting procedure. Achieving accurate cast articulation is a challenge for both clinician and laboratory technician. Literature has shown that errors are expected to happen in any step of the cast articulation process. Shortcomings associated with the materials used, inherent limitations of the articulators, restrictions of soft tissues such as the ligaments of the TMJ and masticatory muscles, are some issues that impact either directly or indirectly the accuracy of the cast articulation. However, many of cast articulation errors can be avoided through understanding the maxillomandibular relationship, appropriate selection of the materials and methods, and careful manipulation of the devices. Controlled studies on the clinical impact of cast articulation accuracy are needed to be conducted. Likewise, the quality of cast articulation could be improved by developing a new approach that eliminates several steps necessary with conventional procedures for mounting casts in an articulator.

Keywords: Accuracy; Dental cast; Dental model; Articulation; Mounting

Introduction

One of the most challenging situations that dentists face on a regular basis when trying to fit fixed or removable prosthesis is a restoration with high contacts. A major cause of such problem is inaccurate cast articulation. Accurately mounted casts can provide additional findings, sometimes over and above that which can be resultant from intra-oral examination and the use of hand-held study models.^[1] Accurate cast articulation eventually results in correct static and dynamic occlusal relationships, accuracy in diagnosis and treatment planning, and accuracy in the occlusal relationships of the final prosthesis with reduced restoration cost and less chair-side time.

In the literature, many articles advise that it is indispensable for clinicians to articulate dental casts as accurately as they can since an occlusal relationship on the articulator that differs from that of the patient may result in an occlusal error in a restoration. Errors could occur anytime during the transfer of maxillomandibular relations to the dental articulator. Therefore, it is extremely vital that every single step in the procedure that attempts to replicate the occlusion must be highly accurate.

Literature Review

Factors contribute to inaccuracy of cast articulation

Many factors contribute to inaccurate cast articulation and thus result in reduced accuracy of diagnosis or restoration manufacture. This review is trying to discuss the most major causes that lead to inaccuracy of cast articulation, and identify some approaches that would improve mounting casts' procedure to accomplish highly precise restoration.

Several clinical and technical variables that adversely affect the accuracy of mounted casts have been reported in the literature. However, little evidence is available to support such findings. A study found that mandibular flexion during opening, periodontal ligament compression during closure, human or procedural errors, dimensional changes in the dental impression, interocclusal records, mounting materials and techniques, and many more factors collectively contribute to inaccuracies in the occlusal relationships of casts.^[1]

Errors could happen while registering occlusal relationship. An example of a possible source of error is the difference in the patient's mandibular position when supine and upright. According to Helkimo et al.,^[2] the mandible tends to be positioned more posteriorly when the patient is lying down and the mouth has been actively closed into the relaxed position of centric occlusion. Another example is inherent in the nature of mandibular hinge axis and the consequences of its application in treatment planning.

To simulate the mandibular functional movement on the dental articulator, the degree of correlation between the patient and mounted casts depends on many factors, including biologic considerations and the properties of the materials used during the process of transferring maxillomandibular records.^[3]

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Temporomandibular joint (TMJ) structure and mandibular movement

Centric relation (CR) record probably is the most vital record required in comprehensive prosthodontics because it is the only “fixed” relationship between the maxilla and the mandible as it is determined by the bony relationship between the condyles and the glenoid fossa. To determine CR effectively, the bite should be registered with interocclusal clearance that created after an efficient neuromuscular deprogramming is done. [2] Neuromuscular deprogramming is the key to reproducibility and can be reached by practicing any one of many successful techniques such as splint therapy or Lucia jig. CR is distinctively different from centric occlusion (CO) which is registered when teeth are in maximum intercuspation and thus has its own indications. [4] The discrepancy between CR and CO has been reported in the literature. This difference usually happens due to a premature occlusal contact on the posterior teeth.

Influence of dental impressions, models pouring, and bite registration on cast articulation accuracy

Dental impressions: It is vital to be precise even from the early starting step if the clinician wants to achieve an accurate maxillomandibular record. The simplest things such as dental impressions, which are a frequent source of error, are sometimes made and poured by least experienced staff in the practice. [3]

A research conducted by Christensen [5] has shown how alginate impressions can contribute significantly to a crown being too high. Even though hand mixing of alginate still is the most common method of mixing alginate, the author supports mechanical mixing of alginate impression as it makes a more consistent mix of alginate every time. Also, it is suggested that the teeth should be dried with air to remove debris and then the mixed alginate should be rubbed onto the occlusal surfaces with a gloved finger to fill the occlusal grooves, allowing accurate reproduction of the occlusal tooth anatomy and preventing air-bubble entrapment on the occlusal surface. A cast made with a distorted impression or a porous impression resulting in plaster blebs on occlusal surfaces will not fit comfortably.

It has been reported that casts fabricated with double-arch impression technique are probably the most accurate duplicate of the maximum intercuspation position (MIP) when mounted in an articulator. [1] Some studies have investigated the dimensional accuracy of dies fabricated from such technique. For instance, Davis and Schwartz [6] compared intra- and inter-abutment dimensions. The trial found that the double-arch technique proved more accurate than custom trays, and rigid metal trays were found to be superior to disposable plastic trays. On the other hand, it is commonly believed that complete-arch impressions produce accurate casts as well if made with particular materials. According to Davis et al. [7] either technique would produce castings with an excellent marginal fit. Overall, open mouth, complete-arch impressions made in a custom tray may produce the most accurate die.

Bite registration: Occlusal contacts variables including

number, location, and size as well as applied forces need to be accurately registered when the occlusion scheme is assessed. The interocclusal record, the pantograph, and the axiograph are examples of techniques used to set condylar guidance on articulators. Recently, technology has been applied to these methods and many studies have been published to support this trend.

When the teeth are absent or do not offer vertical and horizontal stability between the arches, an interocclusal record is essential to articulate the casts. Nevertheless, it is unnecessary to use interocclusal records if a good tooth intercuspation is present. In this case, hand articulation is the best way to achieve highly accurate duplicate as the potential for errors is reduced. If the range of movement and tooth contact between CR and CO needs to be analysed, the interocclusal record must be taken with the mandible in the retruded axis position.

A considerable amount of literature has been published on physical properties and behaviour of bite registration materials. Vergos and Tripodakis [8] stated that the accuracy of an interocclusal record is influenced not only by the material properties, but also by the recording technique, as well as the reliability of the mandibular position influenced by the occlusal contacts, muscular action, or tissue changes within the joints. Moreover, the accuracy of fit of the recording material on the study or working casts seems to be a critical factor in the whole procedure.

There have been several investigations into the causes of inaccuracy of interocclusal recording materials. However, some of these investigations have not differentiated between manipulative errors, recording materials properties, and the inaccuracies of the derived casts. In the next section, the effect of interocclusal record materials properties and behavior on the cast articulation accuracy will be discussed.

Interocclusal record materials: For decades, many studies have tested the accuracy of various interocclusal recording materials [Figure 1]. [9] According to Freilich et al., [10] the choices of the material used to make this type of record and the design of this record are largely dependent upon the clinical conditions present and the preferences of the practitioner. Additionally, characteristics such as the accuracy, durability, resilience, ease of use, and dimensional stability of these materials should be considered. [10]

Several different experiments have found that all tested recording materials have one or more major shortcomings that may affect

Common interocclusal recording materials

- Waxes.
- Metallic pastes.
- Plaster.
- Acrylic resins
- Elastomeric materials.

Figure 1: List of common inter-occlusal recording materials. [9]

the accuracy of registration. Fattore et al.^[11] found that none of the recording materials exhibits absolute dimensional accuracy, with most of them exhibit dimensional change over time. Freilich et al.^[10] and Urstein et al.^[12] found that impression plasters appear to possess excellent overall characteristics. However, it has been reported that plaster is difficult to handle in the mouth and the final interocclusal record is brittle.^[3] It has been suggested by Freilich et al.^[10] that records composed of waxes, resins, or pastes should be utilized for mounting casts before they undergo significant dimensional change.

Differences in the interocclusal record materials studied and the study designs lead to difficulty in directly comparing the dimensional accuracy and stability between the materials. Thus, depending on the clinical situation, the knowledgeable practitioner can compensate for many of shortcomings while taking advantage of the more desirable characteristics to accomplish highly accurate outcome.^[10]

In a trial carried out by Breeding et al.,^[13] the accuracy of thermoplastic resins, acrylic resins and addition-cured silicone interocclusal recording materials was compared. It was found that the use of the addition silicone generated significantly fewer mounting errors than those generated by the acrylic resins and thermoplastic resins. The findings of this study were supported by several studies conducted in the past few decades.^[3,14] These studies concluded that PVS interocclusal records were found to be accurate and dimensionally stable for several days.

Different materials have been suggested to be used in various clinical scenarios. Elastomeric materials such as vinyl polysiloxanes and polyethers are well suited for making interocclusal records where only horizontal stability is needed as they allow the patient to be guided into maximum intercuspation at the existing vertical dimension of occlusion (VDO) without mandibular deflection.^[15] The major disadvantage of using elastomers is that any compressive force exerted on these materials during mounting procedures may cause inaccuracies during the mounting of the casts.^[16] On the other hand, Freilich et al.^[10] provided an in-depth description of using non-resilient (rigid) materials. The authors highlighted that unlike records made from elastomeric materials, records made from rigid materials such as waxes, resins, pastes, and plasters should not be placed between teeth that have opposing tooth contacts because this could easily result in the inadvertent increase of the VDO or lateral displacement of the mandible. Additionally, many of these materials are fragile in thin section and may break when handled. It has been suggested that when a rigid material is used to make an existing tripod record, space for the record should be available between prepared teeth and their antagonists or between teeth without interocclusal contacts.^[16]

Techniques: Interocclusal record material is not the only factor that influences the accuracy of bite registration. Several investigations have also found that recording technique is another primary cause of errors. Even though studies done in this field have not agreed upon one method to be used in all clinical scenarios, it is generally accepted that hand articulation

of casts with stable interocclusal contacts has been considered more accurate than the use of a recording medium during mounting of working casts.^[13]

While registering the bite in dentate cases, the interocclusal separation should be kept as small as possible. This is because, otherwise, the bite will be registered at increased vertical dimension. Many other skills have been described in the literature to improve the accuracy while registering the bite. According to Freilich et al.,^[10] the material must be carefully trimmed to eliminate all excess material that touches soft tissue or extends into hard and soft undercuts. This should be done to reduce the area of the cast/record interface. Also, it allows the practitioner to visualize the extent to which the casts seat into the record.^[17]

Taken together, all investigations carried out in bite registration revealed that there is neither one ideal method nor material. The most important part in this vital step is what Steele et al.^[18] have stated in their paper. According to this study, the fundamental requirement is to obtain enough detail in a dimensionally stable recording material to enable casts to be confidently located in the laboratory whilst not recording so much detail that it stops the casts seating.

Models pouring: Pouring accurate dental casts is a critical phase to be considered by the dental team when a perfect outcome is desired. Christensen^[5] has shown that it is likely that pouring models with dental stone instead of plaster is a key role to achieve an accurate cast as dental stone provides strength and high wear resistance.

Facebow: Facebow orientation errors are common in many dental clinics. Accurate location of the hinge axis helps to orientate the maxillary cast on the articulator.^[19] Some of the errors happened are introduced when the facebow is adjusted and placed on the patient and when measurements are transferred to the articulator.^[20] A research done by Ferrario et al.^[21] has suggested that orientation errors can be reduced by operating a computerized method for non-invasive determination of the 3-dimensional position of the occlusal plane with the head in the natural head position. Moreover, Pröschel et al.^[22] have suggested using articulator-related registration concept to minimize registration errors. Clark et al.^[23] have highlighted that if a discrepancy exists between the true hinge axis and the articulator axis, a premature contact will occur on the retruded path of closure on the articulated model, which is not present clinically.

Discussion

Literature has reported some factors that are possibly the source of incorrect maxillary cast alignment. According to Ferrario et al.,^[24] the following points could participate in alignment discrepancy:

(1) Individual variation in the anatomic reference landmarks and measurements,

(2) Improper adjustment of the face-bow to the patient or the instrument to the articulator during the transfer procedure, and

(3) Setting the Frankfurt plane horizontally on the upper member of the articulator.

Dental articulators

There are 3 types of dental articulators [Figure 2].

1. **Non-adjustable articulator:** Literature has revealed that non-adjustable articulator can only duplicate maximum intercuspation position with acceptable amount of accuracy and reproducibility.^[25] Therefore, to reduce complexity and cost, a single restoration, which is not involved in excursive contacts, could be made on a non-adjustable articulator; and then some minor adjustments probably would be made in the mouth before final cementation.
2. **Semi-adjustable articulator:** Using semi-adjustable articulator is beneficial when fabricating multiple restorations that need appropriate guidance, increasing vertical dimension of occlusion, controlled occlusal contacts, or removing the interferences. This potentially helps to reduce the chair-side time and the total cost involved.^[26] However, errors could happen due to inherent limitations of semi-adjustable articulator as a result of inability to accurately duplicate the posterior determinants of occlusion.^[27]
3. **Fully adjustable articulator:** Fully adjustable articulator has been suggested to be used when clinician works on full mouth rehabilitation case that needs dental prosthesis with highly predictable outcomes. Celenza^[28] stated that eccentric movement articulators duplicate all eccentric pathways so a precision centric position may be developed and maintained, and so eccentric “irritants” will not be introduced.

Choosing an appropriate articulator

Conflicting opinions have been written in the literature on what kind of dental articulator the dentist should use in different cases scenario. Semi-adjustable articulator is probably the most appropriate type of dental articulators that could suit most of the daily restorative cases.^[29] A high degree of accuracy would be achieved by mounting dental models on a semi-adjustable articulator. On the other hand, even though there are studies have not suggested using non-adjustable hinge articulator to fabricate accurate restorations,^[28,30] some other researchers have found that this kind of articulators might be used but with caution as many major limitations are associated with using such articulators. This could be appropriate if single crown is needed to be fabricated for a patient who has a stable occlusion.^[18]

Articulator interchangeability

Many advantages have been described in the literature for using the articulators that are claimed to be interchangeable.

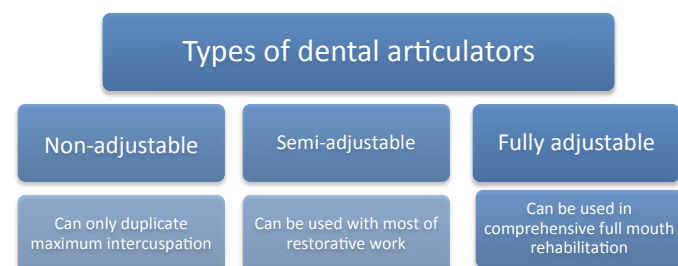


Figure 2: Flowchart of types of dental articulators.

However, some studies have shown that the clinician should understand that no two articulators are exactly the same and that it may be wise to use only one articulator. Hatzi et al.^[31] have tested five calibrated articulators from different brands. The study has shown that no articulator system provides exact interchangeability or hinge axis repeatability even though the differences between articulators are not visible.

Cast mounting with dental plaster

The clinician should verify the accuracy of the pre-articulation steps such as impressions, interocclusal records, and facebow because errors can be introduced at any stage. Likewise, caution should be exercised when the casts are mounted as errors can be introduced as well at the stage of seating the cast into the bite-fork indentation and the subsequent mounting.^[32] Vertical and horizontal stability and support should be maintained during the whole process of cast mounting, otherwise the articulated casts could give incorrect simulation.

Dental plaster is the most common material used to mount maxillary and mandibular casts on articulators. However, one of the major disadvantages of this material is its expansion while setting.^[33] A low expansion plaster and two separate mixes of plaster if there is a large space between the mounting plates and the study casts are some tips that have been suggested to be used.^[34] Some other studies have supported using split-cast technique and magnetic plates. A study done by Hatzi et al.^[31] has demonstrated that if the mounting plates are split-cast and magnetic, the possibility of torquing the cast during articulator placement could be minimized.

Operator errors and importance of clinician capability

Inherent errors associated with the instruments, materials, dental staff or an interaction of these factors are routinely found, and could be improved if the clinician knows how to choose the appropriate materials and methods in different clinical situations.^[35]

Steele et al.^[18] have shown that the quality of the casts and the care with which they are mounted are critical. They have stated that there is no room for carelessness at this stage, wrongly articulated casts are probably worse than no casts at all as they may result in false assumptions about treatment.

Overall, both clinician and laboratory technician should take responsibility for their actions as they have a key role in providing a precise jaw simulation which ultimately leads to a successful restoration.

Cast stabilisation

Unintended movement of the cast during the articulation procedure can cause inaccuracy of the cast mounting. This error might happen when the highly viscous gypsum mounting materials are added to the cast during articulation,^[36] as a result of expansion of the mounting materials,^[37] or due to the weight of the cast.^[38]

Various techniques have been described in the literature to stabilize the casts during articulation process. Rigid rods secured by sticky wax, cyanoacrylic adhesive, rubber bands, clay, plaster, and silicone material are examples of the techniques and materials used to secure the casts.^[38] However, no evidenced-based study has suggested one universal technique that can suit all cases and completely eliminate all cast movements. Ghazal and Kern^[39] have shown that the practitioner should be careful as some of the mentioned techniques have some undesirable features that may result in an uncontrolled compressive force on the interocclusal recording material or in a horizontal movement.

Checking mounting accuracy

Assessment of the validity of the cast articulation has infrequently been investigated. With limited success, just few studies have tried to test the accuracy of the resultant articulated casts.^[36,40] It is sensible that these investigations have visually evaluated the legitimacy of cast articulation by comparing the occlusal findings on the mounted casts with those found clinically. However, achieving highly accurate dental prosthesis needs more scientific methods to evaluate the reproducibility of occlusal findings.

Foil shim-stock is considered the most common way to verify the clinical findings. Interocclusal position, for example, can be confirmed if the casts hold the shim-stock between the same teeth as they do in the mouth.^[18] Additionally, Vericheck is an instrument that has been used by some studies when the accuracy of cast mounting is needed to be checked.^[41,42] Some articulators such as Denar Mark II has the ability to be used in conjunction with Vericheck. Also, split cast is a technique that the clinician or technician can use to verify jaw position records.

Importance of maintaining dental articulators and recording instruments

To maintain the accuracy of dental articulators and recording devices, both dentist and laboratory technician are supposed to keep these instruments clean and handle them with care. Debris of wax and plaster on the articulator surfaces can cause mounting errors resulting in an occlusal discrepancy. Over-tightening the screw of transfer fork or excessive pressure applied on any part of facebow appliance could cause permeant damage leading to incorrect recording.^[20] Regular check-up of the articulation and registration instruments is advised.

Conclusion

Successful diagnosis and satisfactory treatment require an accurate cast articulation that duplicates patient's maxillomandibular relationship. Whereas few studies denote that occlusal precision might not be critical for treatment success,^[43,44] many researchers believe that accurate cast articulation is a necessity and the final dental prosthesis would not be acceptable if inaccuracy is introduced in any stage of dental cast mounting procedure.^[10,23,45]

Achieving accurate cast articulation is a challenge for both clinician and laboratory technician. Literature has shown that

errors are expected to happen in any step of the cast articulation process. Shortcomings associated with the materials used,^[46] inherent limitations of the articulators,^[47] restrictions of soft tissues such as the ligaments of the TMJ and masticatory muscles,^[48] are some issues that impact either directly or indirectly the accuracy of the cast articulation. However, many of cast articulation errors can be avoided through understanding the maxillomandibular relationship,^[49] appropriate selection of the materials and methods,^[18] and careful manipulation of the devices.^[5]

Controlled studies on the clinical impact of cast articulation accuracy are needed to be conducted. Likewise, the quality of cast articulation could be improved by developing a new approach that eliminates several steps necessary with conventional procedures for mounting casts in an articulator.^[50,51]

Conflict of Interest

All authors disclose that there was no conflict of interest.

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